

The Saddle Light Center for Therapeutic Horsemanship

November 2019

Official Newsletter for Saddle Light Riders, Volunteers & Supporters

The Saddle Light Center for Therapeutic Horsemanship

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The Saddle Light Center is a

non-profit corporation created in 1991 to help disabled people reach their full potential.

Our mission is to provide equestrian therapy for children, teenagers and adults with neurological, orthopedic, learning, emotional or other disabilities.

Our goal is to inspire our riders to accomplishments previously considered beyond their capabilities.

Thanks to everyone who joined us at EquestFest 2019! It was one of the highest turnouts to date!











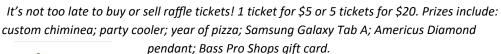






Please join us at the 2019 SLC Christmas Party

December 8th from 4:00-7:00 p.m. at the San Antonio Woman's Club, 1717 San Pedro Ave. RSVP by Dec.2nd Food, music, raffle drawing, and a visit from a special guest!













What's going on around the barn?

Welcome to Jeff Schnoor! He served in the Army National Guard until discharge in 2000. He has just completed 128 hours of professional field experience, as required by the Equine program at Prescott College. Welcome Jeff, our horses are so happy to have you!





On October 12th this group of young people from the **Boys and Girls Clubs of San Antonio** cleaned the alfalfa room, the mounting ramps, the corner feeders, and all of the dry erase boards. They also wiped down the stall ledges, the chairs and the tables. They worked hard and had great energy!

Jeanne Knauth & Kerstin Fosdick attended **Eden Stewart's** graduation from the E Academy Class of 2019 on Sunday, October 13th, 2019. Eden started riding at The Saddle Light Center on January 31st, 2004 when he was barely 3 years old. He rode with us until July 1st, 2009. On October 16th, 2004, Eden was part of The SLC's Hippotherapy exhibit by Stephan Kiesewetter from the Etoile International Equestrian Academy in Rhede, Germany. The clinic, "How Your Seat Influences The Horse," was held here, at Retama Equestrian Center. Eden rode Kid in an English saddle, and was lead by Jeanne Knauth, with Kerstin informing how the horse's movements influence the rider. Congratulations & best wishes, Eden!





Special thanks to our volunteer, **Sandra Marshall**, who regularly grooms Tanzi's beautiful, long mane into the most spectacular creations! They are truly amazing!!! Sandra holds a monthly class to teach braiding, so please check our Facebook or call the office to R.S.V.P.!

The **SOS** (Summer of Service) Group came out to SLC on 10/26. They cleaned all of our saddles, leather halters and bridles, and brushed all Western saddle pads. They scrubbed the corner feeders, "swiffered" the cob webs in the tack and feed rooms, and raked all around the barn. Amazing work done by amazing young people! The SOS educate San Antonio youth through service locally and abroad. Students range from grades 6-12. Thanks for your hard work!



As you start your holiday shopping, don't forget you can support the SLC by shopping with **Amazon Smile!** Just go to https://smile.amazon.com/and select Saddle Light Center, Inc.





Members of the 624th Operations Center from Lackland AFB spent 3 hours on 11/02 cleaning the feed room, brushing down stall walls, raking the ground around our entrance and cleaning the overhead door. It's not glamorous work, but it really makes a difference with regard to the apperance & feel of our facility. Thank you for your hard work & your service!!!



Karl, Kelsie, Lara and Kerstin attended the **PATH Int'l. Conference** in Denver, CO the first week of November. There was a lot of learning and maybe a little bit of fun also!





Recent grants received:

We were fortunate to recently have received \$750 from **SAAF Junior Forum** for Brian Purcell's PATH certification and \$12,000 from the **Najim Charitable Foundation** for our Scholarship Fund. We have also received \$5,000 from **Valero** for our mental health program, as well as \$5,000 for program expenses from Gordon Hartman Family Foundation. We are so grateful for the generous support of these organizations! It would be impossible for us to sustain our programs without their generosity & commitment to the community.

Thank you for your support on Giving Tuesday!

Thanks to the generosity of our friends and supporters, we raised over \$400 on Giving Tuesday. Funds will be utilized to cover our horses' de-wormer for 2020 and a portion of the cost of innoculations. We appreciate you all!

Upcoming breaks:

We will be on break with no sessions the week of Thanksgiving, and from December 16th through January 3rd, 2020. During this time we will still need help with barn chores. Please contact the office or utilize the sign-up sheet in the barn to let us know when you're available to assist.











We're looking for dedicated and committed volunteers for a not so ordinary volunteer opportunity... ...working with the Saddle Light horses and the clients who benefit from equestrian therapy!

We need over 120 volunteers each week to provide execute responsibilities such as rider assistance by spotting, sidewalking, or horse leading, as well as horse care and barn chores. We also have opportunities for groups that want to fulfill a specific service project (great for church groups, college clubs, work teams and more).

Volunteer hours are from 3:00 p.m. to 9:00 p.m., Monday through Friday. Most volunteers sign up for either a 3:00 to 6:00 p.m. shift or 6:00 to 9:00 p.m.shift. We also need volunteers to assist with barn chores on Saturday and Sunday mornings and afternoons. Contact us for more info at (210) 651-9574 or volcoor@sbcglobal.net.



👸 No experience necessary! We will teach you what you need to know. 👸





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Free Matter for the Blind & **Disabled**